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One Mind at Work Drives Momentum in Workplace Mental Health Movement as Third Annual Global Forum Convenes in Napa Valley

RUTHERFORD, CA (September 11, 2019) – Employer-based mental health coalition One Mind at Work is holding its third annual Global Forum this week, on September 11th and 12th in the Napa Valley. The One Mind at Work global forum brings together leaders from major employers and key mental health organizations, along with government representatives and policy and neuroscience experts. This year’s forum, titled “*One Mind at Work: Transforming Workplace Mental Health*” will gather 130 changemakers for a day and a half of robust discussion around workplace mental health.

This year, One Mind at Work welcomes leaders from its growing list of member organizations and partners. Coalition members represented at the 2019 forum include Bank of America, Delta Airlines, Farmers Insurance, Faegre Baker Daniels, Johnson & Johnson, Kaiser Permanente, Levi Strauss & Co., Merck, MetLife, Nasdaq, Otsuka, Partners Healthcare, Silicon Valley Bank, United Healthcare, Mental Health America, American Psychiatric Foundation Association, National Alliance of Health Care Purchasers and Meadows Mental Health Policy Institute, among others.

The event features panel discussions and interactive conversation with an invitation-only audience on a wide range of topics – from digital tools for better care, to diagnosing and treating addiction in the workplace, to the future of the global mental health movement. Other highlights included a keynote speech from former U.S. Representative Patrick Kennedy, a conversation with Susan Spencer, Editor-in-Chief of Woman’s Day, and a preview of a groundbreaking documentary on the youth mental health crisis.

For the second consecutive year, One Mind at Work will present the *Salus Award for Workplace Mental Health* to an organization that has demonstrated admirable commitment to mental wellbeing for its employees. One Mind at Work will also present the inaugural *Salus Award for Individual Voices in Workplace Mental Health* to an individual that has shown remarkable commitment to advancing workplace mental health.

“This year’s forum will be the largest to date, which is a testament to the growing awareness and importance of workplace mental health. Content that will be shared reflects



the work that our members have done to champion the cause in their own organizations. The growth in our membership and the 3 million employee lives covered by our Charter demonstrates the fact that we are truly in the midst of a paradigm shift in how we perceive and treat mental health in the workplace,” said Garen Staglin, Founder of One Mind at Work and Co-Founder of One Mind.

In the past few years, One Mind at Work and its leaders have established collaborations with key mental health organizations; developed a Charter to Transform Workplace Mental Health based on eight key principles; created a Serious Depression Calculator; and published a white paper on cognitive diversity. This week, One Mind at Work also published the third iteration of its “CHRO Insights Series,” a summary of best practices based on interviews with top companies implementing innovative solutions for workplace mental health. One Mind at Work will continue to expand its partnerships across sectors in 2020 and will hold its 4th annual convening in Napa Valley from September 9-10, 2020.

One Mind at Work: Transforming Workplace Mental Health will host prominent leaders from the private and public sector. Among those will be Paul Baffico, the founder and president of Lake County Veterans and Family Services, who is the keynote speaker at the event’s Speaker and Attendee Dinner; Bill Carson, CEO of Otsuka Pharmaceutical; Angela Bailey, the Chief Human Capital Officer at the U.S. Department of Homeland Security; and Tom Insel, newly appointed Mental Health Czar and Special Advisor to California Governor Gavin Newsom.

This year’s event sponsors are Optum, Otsuka, The Hackett Center for Mental Health, and the Staglin Family Vineyard.

About One Mind at Work

Most of the world’s population spends one-third of their adult lives at work. The workplace and its leaders have a tremendous opportunity to improve quality of life for all people and play a critical role in driving mental health solutions. One Mind at Work is a global employer-led coalition, collaborating across sectors, industries, and national boundaries to transform workplace approaches to mental health. One Mind at Work corporate members and non-profit partners include ADP, American Express, American Foundation for Suicide Prevention, American Psychiatric Association Foundation, ArcBest, Arogya World, Atmos Energy, Bank of America, Cognizant, CVS Health, Delta Airlines, ExL Services, Faegre Baker Daniels, Farmers Insurance, Johnson & Johnson, Kaiser Permanente, the Kennedy Forum, Levi Strauss and Co., Mental Health America, Merck & Co., MetLife, Nasdaq, Otsuka Pharmaceuticals, Partners Healthcare, Silicon Valley Bank, the Steinberg Institute, Sutter Health and Walgreens.