



Charter to Transform Mental Health

We believe that mental health is essential for human thriving. Just as we invest in the physical health of our employees, we will invest in services and programs to support the mental health of our team.

Our organization is pleased to become a member of One Mind at Work, a coalition of passionate global business leaders dedicated to making a difference in the mental health of their employees.

We join One Mind at Work and its other members with a pledge to improve the mental health status of individuals and families through our workplace. To fulfill this commitment:

1. We will advocate for a workplace **culture** that reduces the stigma associated with mental illness.
2. We will create **access** to mental health tools and treatments that are on par with those provided for physical health.
3. We will **invest** time and money to build the evidence, tools, and metrics that drive results.
4. We will **design** our work in a way that protects the psychological safety of our teams.

The brain is central to everything. Central to our mental health. Central to our physical health. Central to our work capabilities. Central to personal success. Central to organizational success.

Together, we aim to implement proven mental health best practices to improve the lives of our employees, their families, our customers, and the broader community we are dedicated to supporting.

Committed,

x _____

x _____

Printed Name: _____

Printed Name: _____

Title: _____

Title: _____

Date: _____

Date: _____

Organization: _____